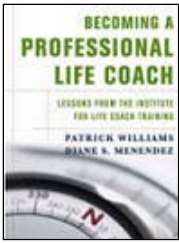




THE INSTITUTE FOR
LIFE COACH TRAINING

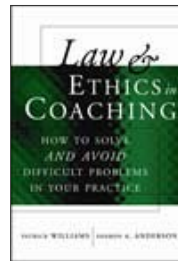
Patrick Williams, Ed.D, MCC



Becoming a Professional Life Coach: Lessons from the Institute for Life Coach Training by Dr. Patrick Williams & Diane S. Menendez

Dr. Patrick Williams, founder of the Institute for Life Coach Training (ILCT), and Diane Menendez, MCC reveal all the basic principles and crucial strategies that they have taught to thousands of coaches over the years. Beginning with a brief history of the foundations of coaching and its future trajectory, *Becoming a Professional Life Coach* takes readers step-by-step through the coaching process.

"Pat Williams has been a pioneer & innovator in wholistic life coaching. After traveling and sitting around the fire with Pat in Africa, I was inspired to re-read the book that I had already wholeheartedly endorsed. I was astonished in my second read at the wealth of new insights to be uncovered, even for a seasoned life coach like me with 33-years of experience! Becoming a true professional requires us to profess our "anthropology"- our point-of-view on the "life" side of coaching. This book is ripe with the wisdom to help us do that. The evolution of our purpose, values & beliefs must continue through all seasons of our coaching lives. And this book is an essential guide for the journey. I am confident it will help shape the life coaching agenda for decades." Richard J. Leider, Founder & Chairman The Inventure Group



Law and Ethics in Coaching : How to Solve and Avoid Difficult Problems in Your Practice by Dr. Patrick Williams & Sharon Anderson

With contributions from a dozen academic, legal, and coaching professionals, this book is a must for anyone in the field of coaching or whose organization uses coaching as a service. Filled with a dynamic blend of case studies, discussion questions, illuminating quotes, and other examples, *Law and Ethics in Coaching* is both a trailblazing professional reference and an unparalleled textbook for coaching programs.

"...It is strong in its presentation of the ethics and laws related to confidentiality and its emphasis on the primacy of the client's welfare as a focus of coaching." (PsycCritiques, February 14, 2007)

"This book provides an easy-to-read introduction to the core ethical and professional issues faced by all coaches irrespective of length of coaching experience. The case studies and guidelines in this book will help coaches constructively reflect on their coaching practice, and will help build the solid ethical foundation that professional coaching practice demands. A very useful text for both the beginning and experienced coach."
—Anthony M. Grant, PhD, Director, Coaching Psychology Unit, University of Sydney

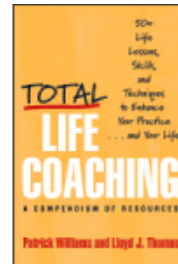


Therapist as Life Coach: An Introduction for Counselors and Other Helping Professionals, Revised and Expanded Edition by Dr. Patrick Williams MCC, Deborah C. Davis

A book for mental health professionals considering a transition into the new and dynamic field of life coaching, *Therapist as Life Coach* explores life coaching as a profession, examines the relationship between life coaching and therapy, and details the variety of options for professionals considering either a transition into coaching or expanding their practices to include coaching. In this second edition every has been revised, reflecting the growth of the coaching field and its increasing appeal to therapists and all helping professionals. New material includes an overview of recent coaching developments, updated liability concerns, new business opportunities, and a new section on the research about coaching.

An important contribution to the life coaching profession. . .has equal value for coaches from a non-therapeutic and therapeutic background. (Counseling and Psychotherapy Journal)

One-stop-shopping for the therapist wishing to explore the coaching field. (Family Therapy)



Total Life Coaching: 50+Life Lessons, Skills, and Techniques to Enhance Your Practice.....and Your Life by Dr. Patrick Williams MCC, Dr. Lloyd J. Thomas

Pat Williams, President and Founder of the Institute for Life Coach Training, and psychologist/colleague and writer of more than 1600 newspaper columns, Lloyd J. Thomas share a unique insight into the coaching process, showing you precisely how to enhance your professional practices through practical and effective life coaching. The book is organized into a series of 52 life lessons, and is designed to be either read cover-to-cover or dipped into, as needed, for assistance when conducting a coaching session.

An interactive experience in which you will find recipes for living your life more authentically -- Adolescence, Vol. 40, No. 159

Thank you, Pat Williams, for writing Total Life Coaching. It is a wonderful resource book that every coach should have at their fingertips, whether they have been coaching one year or many years. It is not just one of the many books on general coaching philosophy and techniques. Total Life Coaching is written with a "how to" approach. It is organized into a wide range of categories of coaching topics. Each category contains a rich menu of information, exercises, creative coaching approaches, and examples of coaching conversations. I know I will be using the wisdom of Total Life Coaching for every client I have. Diana Kilinski, LPC, CEAP, Business and Life Coach, Savvy Life Skills, LLC